



CTIP
CENTER FOR TRAUMA
INFORMED PRACTICES

Level Two VTRA™ Training Overview

Prerequisite: Level One VTRA

Level Two VTRA training builds on Level One training by preparing VTRA trained professionals to conduct Stage Two VTRA's.

1. Stage One VTRA is referred to as "data collection and immediate risk reducing interventions" often accomplished in two hours or less with the support of a functional multidisciplinary VTRA team.
2. Stage Two VTRA is referred to as "comprehensive risk evaluation, case formulation/treatment planning and longer-term interventions" resulting in lasting gains.

This training includes a distinction between Stage One VTRA risk enhancers versus Stage Two VTRA risk enhancers, that will be demonstrated through comprehensive case studies that go deeper than those covered in Level One training. Broader systems dynamics will be presented including the role of family dynamics and trauma in contributing to violence potential.

A distinction will be made between pathways to violence that includes an understanding of primary crimes and secondary crimes and their manifestation in the evolutionary process of violence. The role of mental health diagnoses and violence potential will be presented along with more comprehensive systems dynamics that can combine to either elevate or decrease risk. Strategic interviewing using domains of individual functioning will also be presented. Language/statement analysis in threat assessment will be presented as a general overview and theme throughout the training.

A more streamlined case formulation process will be presented to encourage more complete data-driven assessments resulting in congruent data-driven interventions meant to maintain clinical and VTRA team success.

VTRA Level Two Training Syllabus

Day One Morning (9:00AM – 12:00PM)

Introductions:

Professional Trust / Safe to Learn:

Acknowledgements:

Review of VTRA Level One:

- Three Hypotheses
- IOC Typologies
- Human Systems
- ARTO Process
- Group Discussion

90 Minutes

The Community Based Multidisciplinary VTRA teams Advantage in Violence Prevention:

- Role of Law Enforcement within the current context
- Trauma Informed Assessment of School Based policing programs

Data Driven VTRA Assessment:

- Deeper professional learning on connectiveness between Threat Assessment and Risk Assessment
- Limitations: Threshold Diagnosis and Unidimensional Assessment
- Case applications and Group Discussion

15 Minute Break

Foundations in Level 2- Understanding Risk Enhancers:

- Traditional and non-traditional risk-enhancers
- Case Study #1
- Case Study #2

Language and Statement Analysis:

- Understanding committal/non-committal language
- General and inordinate language
- Hard and Soft Language
- Case studies and group discussions

75 Minutes

VTRA – Applications to all Forms of Violence:

- Case studies: gang-related violence
- Case Studies: VTRA and Criminal Radicalization
- Case Studies: Trauma- Generated Violence

Lunch (12:00PM – 1:00PM)

Day One Afternoon (1:00PM – 3:30PM)

Comprehensive Case Review:

- Family Generated Pathology
- Trauma Generated Violence
- Systems – Macro dynamics that contribute to justification of IOC 90 Minutes
- Process of Identifying risk enhancers

15 Minute Break

Continued Comprehensive Case Review:

- Violence is not only evolutionary, but also contextual - Perfect Storm 45 Minutes
- Case Analysis and Identification of Primary Risk Enhancers
- Complex Case - Defined

End of Day One

Day Two Morning (9:00AM – 12:00PM)

General Field of Violence – Three Flaws in the Research:

- Case Analysis and Group Discussion

Baseline Behaviors: Advanced Understanding and Assessment:

- BASIC-IR
- Baseline – Community 90 Minutes
- Baseline – Family
- Baseline- Choice of Weapon
- Case Studies and discussion

Screening / Triage: The use of PBA's:

- Assessing Dangerousness (J.M.C.C.)

15 Minute Break

Strategic ARTO Interview:

- Typologies Data: strategies and considerations
- Cultural considerations 75 Minutes
- Matching Resources to Risk: Sustained gains

Case Studies/Group Discussion

Lunch (12:00PM – 1:00PM)

Day Two Afternoon (1:00PM – 3:30PM)

Destigmatizing Mental Health as the Cause for Violence:

- Case Studies and Research

Empty Vessel:

- Social Emotional Impact of the Pandemic

Social Media Generated Violence – Training Guide – Societies

“Puppet Master”

- Digital Baselines
- The fact that social media content is user generated, never before have we had the amount of insight we now have into the inner cognitive thoughts and motivations of behaviour.
- The Psycho-dynamics of social media

90 Minutes

Macro Assessment Applications: ARTO

- SOS - Self, Others, System
- Case Studies and Discussion
- Parallel Process

15 Minute Break

Comprehensive Case Study - Part 2- Contextual Variables:

- How much can context influence justification?

Violence Threat Risk Assessment: Practical Applications:

- Micro Assessment Stage One
- Micro Assessment Stage One TILI
- Macro Assessment Stage Two
- Macro Assessment Stage Two TILI

60 Minutes

Case Analysis and Group Discussion:

Language Analysis – Expanded:

- Use / Function of Deception
- Written Analysis
- Questioning Strategies

End of Day Two